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JUMP JIVIN'

Invitational

Hosted by: Triad Gymnastics



Schedule
 Kingdom Hoops
 6095 NE Industry Dr
 Des Moines, IA

Saturday, October 20

Session 1: Level 3

8:00 AM	Open Stretch	NSG, Pioneer, Transform, Triad
8:20 AM	Introductions	
8:25 AM	Warm-up/Compete	
	Awards to follow competition	

Session 2: Level 4

11:00 AM	Open Stretch	Classic, NE Twisters, NSG, Pioneer, Transform
11:20 AM	Introductions	
11:30 AM	Warm-up/Compete	
	Awards to follow competition	

Session 3: Level 5

2:00 PM	Open Stretch	Black Hawk, IGA, NE Gold, NE Twisters, NSG, Transform
2:20 PM	Introductions	
2:30 PM	Warm-up/Compete	
	Awards to follow competition	

Session 4: Level 5

5:00 PM	Open Stretch	Classic, Pioneer, Solid Rock, Triad
5:20 PM	Introductions	
5:30 PM	Warm-up/Compete	
	Awards to follow competition	

Sunday, October 21

Session 5: Level 4

9:00 AM	Open Stretch	Black Hawk, Dolphin, IGA, NE Gold, Solid Rock, Success, Triad
9:20 AM	Introductions	
9:30 AM	Warm-up/Compete	
	Awards to follow competition	

Session 6: Level 3

12:00 PM	Open Stretch	Black Hawk, Dolphin, IGA, NE Gold, Solid Rock, Success
12:20 PM	Introductions	
12:30 PM	Warm-up/Compete	
	Awards to follow competition	