

# New at Triad...



*P3 Golf* is a comprehensive golf coaching system developed by Triad owner Tom Moretti. *P3* is not a quick fix, rather the development of sound fundamentals for long term golfing success. *P3 Golf* will benefit any golfer, however Tom has geared the program especially toward the goal of developing junior golfers into excellent players.

Tom Moretti worked under golf coach extraordinaire, Jim McLean, at Doral Golf Resort in Miami and at Sleepy Hollow Country Club in Scarborough, NY in the early 90's. He then worked as the Head Teaching Pro at Fenway Golf Club in Scarsdale, NY. Tom has over 25 years of experience working with junior athletes in both golf and gymnastics and has spent the last 2 years developing his *P3 Golf* system.

## *P3 Golf: Prepare, Play and Perform like a Pro!*

**Swing Fundamentals**- This 30 min lesson is conducted in front of mirrors at Triad and is meant to instruct the student in the proper body motion used in the successful golf swing. The value of this type of lesson is often underestimated by the average player, because no ball is used. However, the drills and swing stages taught in this lesson are the basis of success for the best players in the world.

\$25 per 1/2 hour lesson

**Full Swing**-This 30 or 60 minute lesson is conducted on a driving range. Building on the drills and basics of Swing Fundamentals, students are instructed in effective practice techniques which will translate to the golf course.

\$30 per 1/2 hour or \$55 hr.

**Short Game**- This 30 or 60 minute lesson is conducted at a practice facility with putting and chipping capabilities. Learning how to score is the most important part of the game! This lesson is the surest way to shave strokes off your score. Learn the basics and practice techniques that create a consistent short game: from putting and chipping to bunker play made easy.

\$30 per 1/2 hr or \$55 hr.

**Video Upgrade**- Video analysis, tips and drills e-mailed to students after lesson: \$10.

**Triad Kids Campus 2202 SE Creekview Drive, Ankeny 963-0215**

**[www.triadgymnastics.com](http://www.triadgymnastics.com)**